



RUGBY OPEN MEET 2017

Level 3 (3WM170333) 3rd - 5th March 2017

Promoter's Conditions and Competition Information

1. The Promoter of the Rugby Swimming Club Open Meet 2017 is Rugby Swimming Club.
2. The competition will be held under A.S.A. Law & A.S.A. Technical Rules.
3. All events will be heat declared winners.
4. This meet is licensed by the ASA at Level 3.
5. Age groups for awards will be:
Girls & Boys – 9/10 years, 11/12 years, 13/14 years, 15/over.
Age is at 05/03/2017.
6. Level 3 upper and lower limit times are included in this information pack. Times are from 1/1/2016 onwards.
7. Entry fee is **£5.50 per event**. We would like as many entries as possible to be by Sportsystems Entry Manager, with one submission only per club, please. Therefore, **no more than 3 paper entries per club will be allowed**, so please co-ordinate with your club coach / secretary before submitting individual paper entries. The Sportsystems entry file set can be found on the club website www.rugbyswimmingclub.co.uk, which should be returned via email to Open2017@rugbyswimmingclub.co.uk. This fee is to accompany the entry form and will be non-returnable if the entry is accepted. (Payment by bank transfer, please. Sort Code: 20-73-48, a/c: 83410730, Ref: [club or swimmer's name]).
8. The closing date for entries is midnight on **Saturday 4 February 2017, but this may be brought forward if the meet is full. Please check the club website www.rugbyswimmingclub.co.uk**
9. The Promoter reserves the right to restrict the number of entries, based on a **First Come, First Served** Basis.
10. All details of accepted / rejected entries will be posted on the club website, www.rugbyswimmingclub.co.uk, and no details will be sent by post. All details must be checked and any changes notified immediately by email to Open2017@rugbyswimmingclub.co.uk. Refunds for any rejected entries will be made by bank transfer.
11. A results service will be operated and results files will be provided to the ASA Rankings.
12. Clubs with more than 10 swimmers are asked to provide a licensed Official, to assist with the operation of the Meet. We gladly accept any other offers of help from Officials as well.
13. Competitors not reporting in time for an event may be excluded from that event.
14. Over the top and side by side (for backstroke) starts may be used.
15. No entries will be accepted on the days of the meet.
16. Times are as stated on the programme of events but may vary and changes will be notified on the club website.
17. Any item not covered within these conditions will be at the sole discretion of the Promoter.



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INDIVIDUAL ENTRY FORM

FORENAME(S).....SURNAME

ADDRESS

DATE OF BIRTH.....AGE AS AT 05/03/2017.....

Email address.....SEX - Male / Female

TEL. No: CLUB.....

A.S.A Registration No:

<i>EVENT</i>	<i>Male Event No</i>	<i>Female Event No</i>	<i>Entry time (Enter time for selected event)</i>
50m FREESTYLE	23	22	
100m FREESTYLE	9	8	
200m FREESTYLE	27	26	
400m FREESTYLE	1	2	
50m BACKSTROKE	3	4	
100m BACKSTROKE	21	20	
200m BACKSTROKE	12	13	
50m BREASTSTROKE	5	28	
100m BREASTSTROKE	25	24	
200m BREASTSTROKE	7	6	
50m BUTTERFLY	14	15	
100m BUTTERFLY	29	30	
200m BUTTERFLY	19	18	
100m INDIVIDUAL MEDLEY	11	10	
200m INDIVIDUAL MEDLEY	16	17	
400m INDIVIDUAL MEDLEY	31	32	

POOL LENGTH:
25m

ENTRY FEE:
£5.50 per event

No. of events entered @ £5.50 Total Cost

Payment by bank transfer to Rugby Swimming Club, Sort Code: 20-73-48, a/c: 83410730, Ref: [swimmer's name]. This is to be made at the same time as submitting this form.

I declare that I am eligible to compete in the Rugby Open Meet 2017 accepting the Promoter's conditions of entry.

Signed

Signature of Club Official / Coach

This form to be returned to:- Meet Secretary, 9 Maidenhair Drive, Rugby, CV23 0SE

IMPORTANT

*Please check on the club website (www.rugbyswimmingclub.co.uk) that the meet is not full before submitting entry.
Accepted entries will be posted on the club website after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.*



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PROGRAMME OF EVENTS

Friday 3 March 2017

Session 1	Warm up 6.30pm (mixed warm-up)				Start 7.00pm
Event no.					
1	Boys	400m	Freestyle	HDW	9 years & over
2	Girls	400m	Freestyle	HDW	9 years & over
3	Boys	50m	Backstroke	HDW	9 years & over
4	Girls	50m	Backstroke	HDW	9 years & over
5	Boys	50m	Breaststroke	HDW	9 years & over

Saturday 4 March 2017

Session 2	Warm up 12.45pm		Start 1.45pm (note: no admission until 12:25pm)		
Event no.					
6	Girls	200m	Breaststroke	HDW	9 years & over
7	Boys	200m	Breaststroke	HDW	9 years & over
8	Girls	100m	Freestyle	HDW	9 years & over
9	Boys	100m	Freestyle	HDW	9 years & over
10	Girls	100m	Ind. Medley	HDW	9 years & over
11	Boys	100m	Ind. Medley	HDW	9 years & over

Session 3 Estimated warm up and start time TBA

Event no.					
12	Boys	200m	Backstroke	HDW	9 years & over
13	Girls	200m	Backstroke	HDW	9 years & over
14	Boys	50m	Butterfly	HDW	9 years & over
15	Girls	50m	Butterfly	HDW	9 years & over
16	Boys	200m	Ind. Medley	HDW	9 years & over
17	Girls	200m	Ind. Medley	HDW	9 years & over

Sunday 5 March 2017

Session 4	Warm up 8.30am		Start 9.30am		
Event no.					
18	Girls	200m	Butterfly	HDW	9 years & over
19	Boys	200m	Butterfly	HDW	9 years & over
20	Girls	100m	Backstroke	HDW	9 years & over
21	Boys	100m	Backstroke	HDW	9 years & over
22	Girls	50m	Freestyle	HDW	9 years & over
23	Boys	50m	Freestyle	HDW	9 years & over
24	Girls	100m	Breaststroke	HDW	9 years & over
25	Boys	100m	Breaststroke	HDW	9 years & over

Session 5 Estimated warm up and start time TBA

Event no.					
26	Girls	200m	Freestyle	HDW	9 years & over
27	Boys	200m	Freestyle	HDW	9 years & over
28	Girls	50m	Breaststroke	HDW	9 years & over
29	Boys	100m	Butterfly	HDW	9 years & over
30	Girls	100m	Butterfly	HDW	9 years & over
31	Boys	400m	Ind. Medley	HDW	9 years & over
32	Girls	400m	Ind. Medley	HDW	9 years & over

Start times for sessions 3 & 5 to be confirmed after entries have been received



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MEET INFORMATION

LOCATION: The Meet will take place at The Queens Diamond Jubilee Centre, Bruce Williams Way, Rugby CV22 5LJ. The length of the pool is 25m (eight lanes) with Swiss Timing Quantum Aquatics electronic timing and OMEGA timing pads. The depth of water at the shallow end is 1 metre and at the deep end is 2.5 metres. There is a large car park at the Centre and there is an adjacent recreation park with play areas. The Centre is only a short walk from the town centre. The pool is about 10 minutes from junction 1 of the M6 and junction 18 of the M1.

REFRESHMENTS: Hot and cold food will be available throughout the Saturday and Sunday in the cafeteria at the Centre.

PHOTOGRAPHY: Photography or video (or any media/image capturing device) is strictly forbidden during the meet.

SWIM SHOP: A Swim Shop will be open in the Centre during the Saturday and Sunday of the meet, with a large range of stock.

SPECTATORS: There is a large spectator balcony at the Centre.

COACH'S: Pre-booked coach's passes will be available at £5 for Friday (**no food**), £15 for other days and £25 for 3 days (**including food**). This includes a programme, club result sheets and pass. These are collected from the Meet Management Desk and pre-ordered on the entry form contained within this information pack.

Coach's passes will NOT be available to order on the days of the Meet.

OFFICIALS: Officials from other clubs are most welcome and should contact the Officials Secretary, 3 Ratcliffe Road, Rugby, Warwickshire, CV22 6HB or Officials2017@rugbyswimmingclub.co.uk if they are able to officiate. Mileage expenses will be paid where claimed, and free professional catering is provided.

MEET MANAGEMENT: SportsSystem meet management system will be used to run the meet.

NO ENTRIES (INCLUDING TIME ONLY) WILL BE ACCEPTED ON THE DAYS OF THE MEET

IMPORTANT

Accepted entries will be posted on the club website (www.rugbyswimmingclub.co.uk) after the closing date – it is the club's / swimmer's responsibility to check that these details are correct.

WITHDRAWALS

Please email withdrawals by midday on 3rd March to Open2017@rugbyswimmingclub.co.uk. Alternatively, complete a withdrawal slip on the day before the session warm-up starts, and post it at the meet management desk.

The lane draw will be done one hour before the start of each session (except session 1, which will be at midday on 3rd March). No changes can be made after the lane draw.



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UPPER AND LOWER TIME LIMITS (Short Course 25m)

Upper Times (you must be slower than this to enter)

BOYS							EVENT	GIRLS						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
0:32.9	31.1	29.6	27.9	26.6	25.6	24.8	50m Free	0:32.9	31.4	30	28.6	27.9	27.5	27.1
1:12.8	1:07.8	1:03.9	59.8	56.8	54.8	53.6	100m Free	1:11.9	1:09.0	1:04.3	1:01.0	59.6	58.6	58
2:35.9	2:26.1	2:18.0	2:09.8	2:03.4	1:59.0	1:56.4	200m Free	2:35.2	2:26.5	2:18.4	2:11.0	2:07.6	2:05.9	2:04.4
5:33.1	5:07.2	4:47.7	4:31.7	4:19.5	4:11.6	4:05.8	400m Free	5:26.1	5:11.3	4:47.2	4:32.4	4:26.0	4:22.7	4:19.4
0:42.9	41	38.5	36.1	33.8	32.5	31.4	50m Breast	0:42.5	41	38.5	36.4	35.2	34.5	34
1:35.1	1:29.3	1:22.7	1:17.2	1:12.3	1:09.5	1:07.3	100m Breast	1:34.0	1:29.6	1:22.5	1:18.0	1:15.1	1:13.0	1:12.4
3:22.1	3:10.6	2:57.4	2:46.6	2:36.7	2:30.2	2:26.1	200m Breast	3:22.1	3:10.2	2:56.9	2:47.2	2:41.1	2:37.7	2:36.3
0:35.6	34.9	32.8	31.1	29.3	28.1	27.1	50m Fly	0:35.7	34.8	33.1	31.4	30.5	29.9	29.4
1:24.7	1:19.6	1:12.5	1:07.6	1:03.6	1:00.8	58.8	100m Fly	1:23.4	1:19.3	1:12.6	1:08.2	1:06.2	1:04.6	1:04.1
3:15.4	2:54.0	2:38.3	2:28.8	2:20.5	2:14.6	2:09.1	200m Fly	3:08.4	2:56.0	2:39.8	2:29.4	2:24.4	2:20.9	2:18.8
0:37.9	36	34.1	32.3	30.4	29.4	28.4	50m Back	0:36.6	35.9	34	32.5	31.6	31	30.7
1:22.0	1:18.3	1:12.3	1:08.0	1:04.1	1:01.4	59.5	100m Back	1:21.9	1:18.1	1:12.3	1:08.2	1:06.2	1:05.1	1:04.1
2:53.3	2:44.0	2:33.8	2:25.0	2:17.2	2:11.7	2:08.1	200m Back	2:53.9	2:45.1	2:32.5	2:25.0	2:21.5	2:19.2	2:16.9
1:23.2	1:22.7	1:18.3	1:12.9	1:08.1	1:05.5	1:02.9	100m IM	1:23.7	1:23.2	1:18.3	1:13.0	1:10.7	1:09.2	1:08.1
2:58.1	2:48.10	2:36.8	2:27.9	2:20.7	2:14.6	2:11.2	200m IM	2:57.4	2:47.4	2:36.3	2:28.2	2:24.7	2:22.1	2:20.5
6:36.6	6:36.6	5:32.4	5:11.6	4:56.9	4:44.8	4:37.1	400m IM	6:32.3	6:32.3	5:29.9	5:11.9	5:02.8	4:58.1	4:54.8

Lower Times (you must be faster than this to enter)

BOYS							EVENT	GIRLS						
9	10	11	12	13	14	15+		9	10	11	12	13	14	15+
0:51.1	0:48.7	0:46.2	0:43.7	0:41.4	0:39.8	0:37.6	50m Free	0:52.1	0:49.6	0:46.6	0:44.7	0:43.5	0:42.8	0:41.7
1:52.3	1:46.9	1:39.5	1:34.0	1:28.8	1:25.2	1:20.6	100m Free	1:54.4	1:49.0	1:40.2	1:35.5	1:32.8	1:31.6	1:29.2
3:51.2	3:51.2	3:36.7	3:23.7	3:13.3	3:05.9	2:56.0	200m Free	3:53.0	3:53.0	3:37.3	3:26.9	3:18.8	3:16.8	3:10.7
7:15.8	7:15.8	6:45.6	6:24.6	6:05.9	5:53.4	5:33.9	400m Free	7:22.6	7:22.6	6:48.0	6:27.7	6:14.4	6:08.3	5:59.9
1:07.0	1:03.9	1:00.0	0:56.0	0:52.4	0:50.3	0:46.9	50m Breast	1:07.5	1:04.3	1:00.1	0:56.9	0:54.8	0:53.5	0:52.4
2:25.5	2:18.6	2:08.2	1:59.8	1:52.6	1:47.8	1:41.1	100m Breast	2:26.3	2:19.3	2:08.3	2:01.5	1:56.9	1:53.8	1:51.8
4:38.6	4:38.6	4:38.6	4:20.2	4:04.3	3:52.6	3:39.2	200m Breast	4:36.8	4:36.8	4:36.8	4:21.7	4:11.1	4:05.2	4:00.9
0:57.0	0:54.2	0:51.3	0:48.4	0:45.4	0:43.4	0:40.1	50m Fly	0:57.0	0:54.2	0:51.2	0:48.8	0:47.2	0:46.0	0:44.7
2:08.4	2:02.3	1:52.2	1:45.4	1:38.5	1:33.9	1:27.3	100m Fly	2:08.6	2:02.5	1:52.2	1:46.1	1:42.0	1:40.0	1:37.3
4:10.2	4:10.2	4:10.2	3:52.7	3:39.2	3:27.6	3:12.6	200m Fly	4:10.3	4:10.3	4:10.3	3:54.3	3:43.9	3:37.9	3:31.5
0:58.7	0:55.9	0:52.8	0:49.8	0:47.2	0:45.3	0:42.0	50m Back	0:58.8	0:56.0	0:52.6	0:50.4	0:49.0	0:47.9	0:46.3
2:06.7	2:00.7	1:51.6	1:45.0	1:39.4	1:34.7	1:28.8	100m Back	2:07.8	2:01.7	1:52.0	1:45.8	1:42.6	1:40.7	1:37.5
3:59.0	3:59.0	3:59.0	3:44.2	3:33.0	3:24.0	3:11.5	200m Back	3:59.3	3:59.3	3:59.3	3:47.4	3:39.6	3:34.6	3:28.4
2:06.3	2:00.3	1:54.1	1:47.9	1:41.5	1:36.0	1:30.1	100m IM	2:07.7	2:01.6	1:53.8	1:48.4	1:44.6	1:42.6	1:39.6
4:15.1	4:15.1	3:58.1	3:44.2	3:32.5	3:23.7	3:11.5	200m IM	4:15.2	4:15.2	3:57.3	3:46.8	3:38.8	3:34.8	3:29.7
7:55.1	7:55.1	7:55.1	7:22.4	6:59.5	6:42.0	6:18.2	400m IM	7:53.4	7:53.4	7:53.4	7:25.3	7:09.6	6:59.7	6:48.2



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Level 3 (3WM170333) 3rd - 5th March 2017

Officials Secretary
3 Ratcliffe Road
Rugby
Warwickshire
CV22 6HB

Email: Officials2017@rugbyswimmingclub.co.uk

Dear Official,

It is with great pleasure that I invite you to officiate at our Rugby Open Meet 2017. This meet takes place at the Queens Diamond Jubilee Centre, Rugby on 3rd to 5th March 2017.

Session 1 Warm-Up	6:30 pm	Start	07:00 pm
Session 2 Warm-Up	12:45 pm	Start	1:45 pm
Session 4 Warm-Up	8:30 am	Start	9:30 am

Sessions 3 & 5 timing to be confirmed closer to the date.

If you are available to officiate please complete the form below and reply by 4 Feb 2017 by returning it with your Club Entry or email this form separately to Officials2017@rugbyswimmingclub.co.uk

Briefing will be at 6:30pm on Friday, 1:15pm on Saturday and 9am on Sunday. Food is provided between sessions 2 and 3, and between sessions 4 and 5. Travel expenses are available on request.

If you require any further information, please email me at the address above.

Yours faithfully,

Leisa House

Name: _____
 ASA No: _____ Club: _____
 Tel No: _____ Email: _____

Please Confirm qualification below

Judge **J 1** **J 2**
Starter
Referee

Please confirm which session you can attend

Session 1
Session 2
Session 3
Session 4
Session 5



RUGBY OPEN MEET 2017

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Summary of Entries and Coaches Passes

Total No of Entries: _____ @ £5.50 per entry Total £ _____

No of 1- Day Coaches Pass Fri: _____ @ £5.00 Total £ _____

No of 1- Day Coaches Pass Sat: _____ @ £15.00 Total £ _____

No of 1- Day Coaches Pass Sun: _____ @ £15.00 Total £ _____

No of 3- Day Coaches Pass _____ @ £25.00 Total £ _____

Total Cost _____

Please provide the names and DBS of all coaches using passes:

Name of Coach	DBS Number

Coaches Passes can only be purchased in advance of the Meet.

For administration purposes, please fill in contact details below:

Contact Name: _____ Club: _____

Tel No: _____ Email address: _____

I certify that all the above details are correct and that I will abide by the Promoter's conditions

Signed on behalf of all swimmers entered _____
Club official

Return to:
Meet Secretary, 9 Maidenhair Drive, Rugby, CV23 0SE